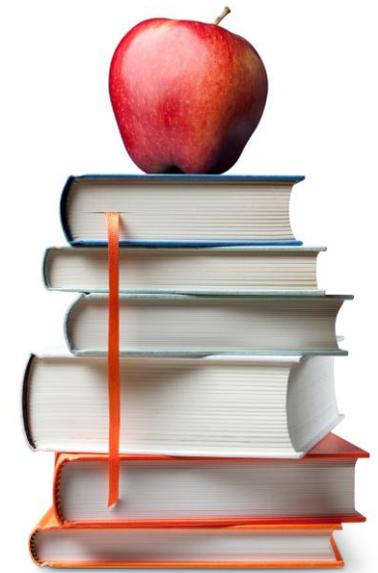


Learning Styles

How do you learn best?



Learning Styles

Auditory learners learn best by hearing information. They can usually remember information more accurately when it has been explained to them orally.

Auditory Learners typically....

*Remember what they have heard

*Have Strong Communication Skills

*Have Musical Talents- hear tones, rhythms, and individual notes

Tactile/Kinesthetic

These learners do best through moving. They need to move, do the activity, and touch things to learn. They need to get their hands involved. T/K learners take the “hands on” approach. They actively explore the world around them. These learners often can’t sit still for long periods of time, and find the need for activity. Often this student just jumps into assignments without listening or reading instructions.

Visual Learners need to see!

They need to see the teacher’s body language and facial expressions to fully understand the content of the lesson.

They tend to prefer sitting at the front of the classroom to avoid visual obstructions.

They may think in pictures, and learn best when there are visual displays.

These students rely on things like diagrams, illustrations, power points, hand outs, charts, graphs, or videos.

“That is what learning is. You suddenly understand something you’ve understood all your life, but in a new way.” ~Doris Lessing

Katie Bonner* The Center for Academic Excellence*

The University of Mary Hardin-Baylor



Visual Learner

- Take Notes during class.
- Use a whiteboard.
- Use highlighters
- Use graph paper to create charts.
- Use the computer to organize materials and create graphs, tables, charts, and spreadsheets.
- Organize material.
- Use visual analogies. Use photographs.
- Use visual metaphors.
- Write things in your own words.
- Make flashcards
- Visualize the scene, formula, words, charts, etc.



Auditory Learner

- Explain the material to a friend.
- Read things aloud.
- Make up a song or rhyme using the subject material.
- Use audiotapes to review later.
- When learning new information, state the problem out loud and reason through the solution.
- Say the words in syllables.
- View videos on the subject.
- Join or create a study group for



Tactile/Kinesthetic Learner

- Pick up the book as they read or talk.
- Write while they are reading or talking.
- Walk around while reviewing.
- Sit near the front to be less distracted.
- Use a stress ball.
- Write lists repeatedly.
- Use rhythm beats to memorize or explain something.
- Use gestures while explaining things to you.
- Make flashcards for review.
- Don't study in the same place for long periods of time- move