

**Bachelor of Science in Health Science
EC-12 Physical Education Teacher Concentration**

Freshman Year-Fall Semester

ENGL 1321 Rhetoric & Comp I
CSBS 1311 Engaging the Old Testament
COMM 1320 Public Speaking
UMHB 1101 Freshman Seminar
MATH 1304 Quantitative Reasoning
EXSS 2340 Intro to Exercise & Sport Science
UMHB 1002 Chapel
UMHB 1005 FAE

Total: 16 hours

Sophomore Year-Fall Semester

ENGL Literature Course (3 credit hours)
EXSS 2353 Lifespan Nutrition
EXSS 2352 Personal Fitness/Wellness
HIST/POLS Course (3 credit hours)
EXSS 2350 Prevention & Care of Athletic Injuries
EXSS 3107 Advanced Cardio Training
UMHB 1002 Chapel
UMHB 1005 FAE

Total: 16 hours

Junior Year-Fall Semester

EXSS 4310 Teaching Children & Adol PE
EXSS 3390 Anatomical Kinesiology
BIOL 2341/2141 Human A & P
EXSS 4344 Leadership in Health Science
EDUC 4324 Classroom Management
UMHB 1005 FAE

Total: 16 hours

Senior Year-Fall Semester

EDUC 4385 Educational Internship
EXSS 4104 Senior Seminar
EXSS 4395 Motor Development
Elective Courses (5 credit hours)
UMHB 1005 FAE

Total: 12 hours

Freshman Year-Spring Semester

ENGL 1322 Rhetoric & Comp II
CSBS 1312 Engaging the New Testament
BIOL 2340/2140 Human A & P I w/lab
PSYC 1301 General Psychology
Fine Arts Course (3 credit hours)
UMHB 1002 Chapel
UMHB 1005 FAE

Total: 16 hours

Sophomore Year-Spring Semester

EXSS 3300 Teaching Team & Ind Sports
EDUC 2311 Classroom Technology
EDUC 3315 Students & Learning
EXSS 3378 Exercise Psychology
Elective Course (3 credit hours)
EXSS 3135 Adv Resistance Training
UMHB 1002 Chapel
UMHB 1005 FAE

Total: 16 hours

Junior Year-Spring Semester

EXSS 3395 Exercise Physiology
EXSS 4392 Tests & Measurements
EDUC 4328 Curriculum Design I
EXSS 3141 Practicum
Elective Courses (6 credit hours)
UMHB 1005 FAE

Total: 16 hours

Senior Year-Spring Semester

EDUC 4250 Certification Prep Seminar
EDUC 4501 Student Teaching I
EDUC 4502 Student Teaching II
UMHB 1005 FAE

Total: 12 hours

Total Credit Hours: 120