

CRU Cheerleading Tryout Information

The CRU Cheerleading Program will host the 2023-2024 tryouts on **April 21-April 23** to assess the abilities, leadership skills, and potential of interested and qualified candidates.

Tryouts are intended to be a low stress event. For that reason, they are conducted in a practice-like environment. Candidate's skills, talents, and their ability to work with current and prospective team members, will be evaluated. A short interview with the candidate may be conducted at any time during the sessions.

Actual attendance by candidates at the tryout session is highly recommended; however, any individual who cannot attend the tryout session may submit a video for consideration. All videos must be included in the tryout packet. Please contact coach directly for video requirements.

Minimum Qualifications for Tryouts:

- Incoming freshmen and transfer students must have completed the regular admissions application process and be accepted to the University prior to tryouts.
- Candidates must be in good academic and disciplinary standing with the University.
- Candidates must possess sufficient physical fitness and proper training to execute all required skills during the tryout selection process.
- Candidates must be covered by health insurance for tryouts and/or sign a participation waiver.
- Prospective athletes should be involved in high school and/or competitive cheerleading/gymnastics in some fashion. Each candidate's individual experience will be taken into consideration.
- The tryout packet must be completed and submitted by the stated date prior to tryouts.
- The tryout fee is \$25

Skill Criteria:

Tumbling:

- Standing Tumbling- back handspring (back tuck highly preferred)
- Running Tumbling- minimum of round-off back-handspring series (tuck or higher is preferred)

Stunting: All Girl (all positions)

- Game Day Skill Requirement- J-Up Extension with a nice high pop off
- Elite Requirement- Straight up Heel stretch Full down
- Game Day skills-walk-ins, J-Ups, liberties, and body positions
- Elite skills- inversions, full-ups, etc.
- Ability to perform at multiple positions with confidence.

Overall Impression:

- Motion Technique
- Voice
- Collegiate Image
- Confidence
- Leadership
- Enthusiasm
- Ability to engage an Audience

Tryout Format:

- Skill Requirement Check
- Gameday Material
 - Fight Song (Taught at Clinics)
 - Band Dance
 - Sidelines
- Stunts
- Individual Elite skills
- Interviews

Letter of Recommendation

Prior to tryouts, send in at least 2 letters of recommendation.

Please ask your reference (preferably a former coach) to demonstrate your willingness and ability to hold true to the above criteria. For more information on the mission and values of the University of Mary Hardin-Baylor, refer to www.umhb.edu

Email letters to crucheer@umhb.edu with 'Candidate Name' in the subject line. These letters should come directly from the reference.

Contact Information

For questions regarding the tryouts, email the Head Coach, Haley LeBlanc at crucheer@umhb.edu

Additional Information

- All members of the 2023-2024 Cheerleading Team will be required to attend a program meeting and preliminary practices scheduled over the summer.
- All members of the team will be required to attend summer camp and workouts.
- All current members will be required to tryout every year.

UMHB CRU Cheerleading Tryout Packet

Eligibility

- Incoming freshmen ARE eligible to tryout.
- Current and Transfer students with a minimum 2.5 GPA are eligible.
- Current UMHB students must be enrolled full-time (12 hours) to be eligible
- Current UMHB students must be in good disciplinary and academic standing with the university. Transfer students must be disciplinary and academically eligible to return to the university from which they are transferring.

Following must be submitted by April 14, 2023, by 5:00pm

1. Copy of admissions letter to the University of Mary Hardin-Baylor
2. Current Students-Most up to date Transcript
3. Letters of Recommendation
4. Tryout Packet
5. Statement of Purpose indicating why you would like to be a member of the UMHB CRU Cheerleading Program. Please provide any information regarding any extenuating circumstances about which you feel we should be aware. Please comment your ability to adhere to the CRU values listed below.
 - C-Commitment & Teamwork
 - R-Respect & Positive leadership skills
 - U-an Understanding that God is leading you on this journey.

The Following must be provided at tryout check-in:

- \$25 fee
- Waiver/Copy of Medical Insurance card

Tryout Format:

- **Friday April 21, 2022 6:00pm-9:00pm**
 - Skill Requirements
 - Gameday Skills
- **Saturday April 22, 2022 12:00pm-6:00pm**
 - Elite and Individual Skills
 - Game Day Material
 - Interview
- **Sunday April 23, 2022 12:00pm-4:00pm**
 - First Team Meeting and Practice

Cheerleader Candidate Information

(PLEASE PRINT)

First Name _____ MI _____

Last Name _____ DOB ____/____/____

Permanent Address:

Email _____

Telephone () _____ - _____ Cell Phone () _____ - _____

High School Graduation Date _____

High School _____

Hometown _____

Current GPA _____ Expected Graduation Date _____

Major _____

Have you tried out before? _____ If yes, what year(s)? _____

Did you cheer in high school? _____ What sports? _____

Did you do competitive cheerleading? _____ What level(s)? _____

Competitive Gym Name/Location _____

Stunt Position: Top Girl Main Base Side Base Back spot

Height _____ ft _____ in

T-shirt Size Small Medium Large X-Large

Short Size Small Medium Large X-Large