

University of Mary Hardin-Baylor
School of Exercise & Sport Science
Bachelor of Science in Public Health
Health Promotion Concentration

Freshman Year-Fall Semester

- ENGL 1321 Comp I
- CSBS 1311 Engaging the Old Testament
- EXSS/BSPH 2335 Found Hlth Sciences
- UMHB 1101 Freshman Seminar
- MATH 1306 College Algebra
- UMHB 1002 Chapel
- UMHB 1005 Fine Arts Experience

TOTAL: 13 hours

Freshman Year-Spring Semester

- Fine Arts Course (3 credit hours)
- CSBS 1312 Engaging the New Testament
- SOCI 1311 Introduction to Sociology
- BIOL 2340/2140 A&P 1 w/lab
- ENGL 1322 Comp II
- UMHB 1002 Chapel
- UMHB 1005 Fine Arts Experience

TOTAL: 16 hours

Sophomore Year-Fall Semester

- BSPH 2350 Found of Hlth Educ & Promo
- MATH 2303 Statistics-prereq 1306
- PSYC 1301 General Psychology
- BIOL 2341/2141 A&P 2 w/lab
- Hist/Poli Sci Course (POLS 2310 Rec)
- UMHB 1002 Chapel
- UMHB 1005 Fine Arts Experience

TOTAL: 16 hours

Sophomore Year-Spring Semester

- ENGL Literature course 3 hours
- COMM 1320 Public Speaking
- PSYC 2311 Developmental Psych
- BIOL 2380/2180 Microbiology w/lab
- EXSS/BSPH 2352 Per Hlth/Fit
- UMHB 1002 Chapel
- UMHB 1005 Fine Arts Experience

TOTAL: 16 hours

Junior Year-Fall Semester

- World Cultures Course (EXSS 2353 Rec)
- SOCI 3325 Human Diversity
- BSPH 3315 Comm/Public Hlth
- BSPH 3320 Prog Plan Hlth Educ & Promo
- Elective Course (3 credit hours)
- UMHB 1005 Fine Arts Experience

TOTAL: 15 hours

Junior Year-Spring Semester

- BSPH 4310 Theories in Hlth Behavior
- BSPH 4340 Hlth Program Evaluation
- EXSS/BSPH 4360 Pathophys Chron Dis
- EXSS 3107 Adv Cardio Training
- Elective Course (3 credit hours)
- Elective Course (3 credit hours)
- UMHB 1005 Fine Arts Experience

TOTAL: 16 hours

Senior Year-Fall Semester

- EXSS/BSPH 4392 Test & Measure in EXSS
- EXSS/BSPH 4344 Leadership Hlth Science
- EXSS 3135 Advanced Resist Training
- Elective Course (3 credit hours)
- Elective Course (3 credit hours)
- Rec Elective Course (3 credit hours)*
- UMHB 1005 Fine Arts Experience

Total: 16 hours

Senior Year-Spring Semester

- BSPH 4350 Practicum in Public Health⁺
- BSPH 4285 Capstone in Public Health⁺
- BSPH 4191 Seminar in Public Health⁺
- Elective Course (3 credit hours)
- Rec Elective Course (3 credit hours)*
- UMHB 1005 Fine Arts Experience

Total: 12 hours

**Choose from list of recommended electives or with advisor's approval.*

**Must have program director's approval*

Total Hours for BSPH Degree: 120 Hours