

## CURRICULUM VITAE

Ian Ekery DPT, CSCS  
University of Mary Hardin-Baylor  
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### Education:

Doctor of Philosophy (in progress)  
Health & Human Performance  
Concordia University, Chicago  
May 2025, Anticipated graduation

Doctor of Physical Therapy  
University of Mary Hardin-Baylor  
December 2017

Bachelor's of Science in Exercise and Sport Science  
University of Mary Hardin-Baylor  
May 2015

### Licensure Information/Registration Number:

Texas Physical Therapy License # 1300906

### Certifications:

Certified Strength and Conditioning Specialist, 2017

### Employment and Positions Held:

Assistant Professor  
Doctor of Physical Therapy Program  
University of Mary Hardin-Baylor  
Belton, Texas  
June 2022 - present

Staff Physical Therapist/Clinical Instructor  
TMI Orthopedic & Sports Medicine  
Arlington, Texas  
July 2019 – June 2022

Adjunct faculty, Athletic Training Department  
Texas Wesleyan University  
Ft. Worth, Texas  
January 2019 – May 2022

Staff Physical Therapist/SCCE  
SporTherapy Southwest  
Fort Worth, Texas  
January 2018 – July 2019

Professional Presentations:

**Ekery I, Rash J** (2019). Differential Diagnosis & Treatment of the Overhead Athlete. Texas Physical Therapy Association Annual Conference, The Woodlands, TX, 2019

Membership in Scientific/Professional Organizations:

American Physical Therapy Association (APTA), 2015-present

Texas Physical Therapy Association (TPTA), 2015-present

National Strength & Conditioning Association (NSCA), 2016-present

Services to the University/College/School on Committees/Councils/Commissions:

Continuing Education Attended:

Combined Sections Meeting, San Antonio TX, February 2022

Examination & Rehabilitation of Upper Extremity Injuries

Shoulder Injuries in Football Players Along the Continuum

Beyond Limb Symmetry Index: Performance Standards for Lower Extremity

Rehabilitation and Return to Play in Sports

Plyometrics and Sport Specific Strengthening for the Shoulder

Rotator Cuff Pathology: Who Benefits from Therapy or Surgery, and What Type of Postoperative Rehabilitation?

Between the Seams – Five Tool Sport, 2020

Evidence in Motion:

Emergency Medical Response in Sports, 2019

Management of Lower Extremity Disorders, 2019

Management of Upper Extremity Disorders, 2019

Certified Sports Physical Therapist, 2019

Sports Physical Therapy Competencies, 2018

Current Teaching Responsibilities in the Entry-Level Program for Academic Year of Site Visit:

**Fall 2022**

PHTH 7442 Musculoskeletal Rehabilitation II (co-instructor)

PHTH 7191 Special Topics: Sports Medicine Rehab (primary instructor)

PHTH 7191 Special Topics: Differential Diagnosis of the Orthopedic Shoulder (primary instructor)

PHTH 7191 Special Topics: Directed Inquiry (coordinator)

**Spring 2023**

PHTH 7422 Therapeutic Interventions (primary instructor)

PHTH 7424 Examination & Evaluation (lab instructor)

PHTH 7356 Management of Special Populations (lab instructor)

**Summer 2023**

PHTH 7331 Musculoskeletal Rehabilitation I (primary instructor)